SAFETYHAPPENS

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MICHAEL LAMMEY

SAFETY SPEAKER · AUTHOR · RETIRED U.S. NAVY

"Safety Happens … If You Make It Happen."

56%	56	2,000+	2	0
THIRD-DEGREE BURNS	SURGERIES	HOURS OF THERAPY	SHIPMATES LOST	PROTOCOLS VIOLATED

December 1, 2006 — USS Frank Cable, Guam. Michael Lammey was doing a job he had done hundreds of times before when a boiler explosion filled the space with 720° steam. Six sailors were critically injured. Two did not survive. Michael sustained third-degree burns over 56% of his body and spent 2½ weeks in a medically induced coma, followed by 56 surgeries (the last in 2018) and more than 2,000 hours of physical therapy. Procedures were followed and PPE was worn. The Navy's investigation confirmed no protocols were violated. The root cause was **complacency**, and making sure it doesn't happen to your people became his mission.

KEYNOTE · IN PERSON OR VIRTUAL · UP TO 90 MINUTES

WHEN SAFETY HAPPENS TO YOU

The true story of the explosion, the safety investigation, his recovery, and the complacency behind it. Michael shows your team how complacency grows in good people, on good teams, at good companies, and leaves every person with a daily commitment: **Set It, Own It, Say It.** Tailored to your industry, with live Q&A and post-event safety handouts.

$20 per participant · $1,500 minimum per session + travel

WORKSHOP · HALF-DAY OR FULL-DAY

BEATING COMPLACENCY BEFORE IT BEATS YOU

A hands-on workshop, not a compliance lecture. Teams work through the USS Frank Cable case study and facilitated modules built on real, routine, high-energy tasks from their own site.

Half-Day
About 4 hours · case study plus five modules: how complacency develops, your site's task teardown, conditioned response, ownership
$3,500 per session

Full-Day
About 8 hours · adds speak-up practice, leading against complacency, the true cost, and a 30-day team action plan
$6,500 per session

Every workshop includes all participant handouts, commitment cards and participant evaluations. Travel billed separately.

Ideal for: safety days, stand-downs, banquets, conferences, all-hands meetings · maritime & shipyards · military & government · manufacturing · construction · utilities

BACKGROUND

- Retired U.S. Navy, Petty Officer First Class
- Navy and Marine Corps Commendation Medal
- Former NAVSEA HQ safety specialist
- CP-12 safety career program graduate
- Author, *Burnt, Broken, and Rebuilt*
- Documentary, *Lammey's Purpose*

FEATURED VENUES

- NASA Langley Research Center
- National Safety Council
- Puget Sound Naval Shipyard
- USS Abraham Lincoln winter safety stand-down
- NC Department of Transportation
- Fayetteville PWC · CFPUA

"The Safety Happens briefings by Michael Lammey provided the most useful safety training our shipyard has ever received."

TAMMY BROWN — PUGET SOUND NAVAL SHIPYARD